**DISTANCE SCOUTING PROGRAMME 16**

**(3 JULY 2020)**

**“THE DRINGLES – FINISHING UP”**

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| **You have until 19h00 on Friday 10 July 2020 to complete this programme. Follow the instructions carefully and you will be marked “present” for the programme, earn points for your patrol and hopefully compete some advancement and prepare for upcoming programmes and camps. More importantly, HAVE FUN!!!** |

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| **Equipment required for programme:**   * A cellphone with internet access and WhatsApp access to your patrol WhatsApp Group. * A phone or camera with the ability to take a video. * Household items to make a Rube Goldberg Machine, including a way to boil water and tea / coffee / hot chocolate / something similar. * Ingredients for bread (recipes set out below) * Charcoal, matches and a “camp oven” (see programme below) * Your personal journal |

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| **The PL should, as always, designate who is doing what and, if nobody is doing an item (such as posting a training video) do this item so that the patrol can complete the programme.** |

The Runnymead is in full swing and you have made some real progress educating your fellow Dringles and getting some ideas ready to help the humans. You have also prepared a Grizlod trap for the leader of the Grizlods, who are searching for a secret entrance to the Runnymead.

**INSPECTION:**

“A Scout’s Duty is to be Useful and to Help Others”. The more Dringles learn about Scouts, the more they like them. Even though the Grizlod search is getting ever closer, the Dringles cannot help worrying about the humans first and about “doing their bit”. The biggest problem seems to be that most humans don’t know how to behave to avoid getting the virus or they keep forgetting what they have learned. They are very silly sometimes!

Makwado has had a very good idea to solve this. Dringles will put up posters where humans can easily see them to remind them about what they should be doing to fight the virus. Can you help out?

Sent out with this programme are four posters put together by the Runnymead. Either print out one of the posters (check that your parents are happy for you to do this first) OR make your own poster using the same wording. Put the poster in a place where it will be seen by as many people as possible. Good places include:

* In one of the back-side windows of your parents’ car (make sure they can still see properly after you put it up);
* In a window or on a wall of your house that can be easily seen from the street;
* On a community notice board or on your school notice board (get permission first!);
* In the window of a local shop (get the owner’s permission first!)

Take a picture of you next to your poster and post it on your patrol WhatsApp Group to show that you are doing your bit to remind the silly humans what to do!

**GAME:**

The Grizlods are on the way and you need to set your trap, but the Runnymead has decreed that before anything happens you must have a cup of tea. The tea ceremony is an integral part of the Runnymead and, much as you know it is rather silly, you also know that your fellow Dringles will do nothing until they get their cuppa, so the sooner you get it over with the better.

Being Dringles though, this is was never going to be that simple. Part of the tea ceremony is a Dringle tradition that they adopted from watching a human called Rube Goldberg. (Look him up!) Basically the Dringles will only drink the tea if it can be made by a machine that performs the whole task using a relatively simple trigger.

**If you enjoy tinkering with machines, why not look at doing your Model Engineer Interest Badge? The requirements can be found at**

[**https://scoutwiki.scouts.org.za/index.php?title=Model\_Engineer\_Scout\_Interest\_Badge**](https://scoutwiki.scouts.org.za/index.php?title=Model_Engineer_Scout_Interest_Badge)

Build a machine that will make you a cup of tea with a relatively simple trigger (such a marble falling on a ramp). Take a video of your machine in action and post it on your patrol WhatsApp group. Serve the tea to one of your parents or enjoy it yourself! (If you are not a tea drinker feel free to make a cup of coffee, hot chocolate, Milo or something similar!)

Even if your machine doesn’t quite get it right, post a video anyhow!

**BAITING THE TRAP:**



At last tea is over and it’s time to bait your trap. You know that Grizlods love cheese, but new research indicates that they are even bigger fans of freshly baked bread if it is done over a fire.

This is easy if you have the right equipment. A Dutch oven with a stand or a potjie pot can make an excellent oven (try to keep the bread from touching the sides of the pot) but even an aluminium pot can work at a push. If you don’t have a suitable pot at home it is possible to make a camp oven out of some bricks or even from a box with tin foil (visit <https://www.ehow.com/how_4441173_make-camp-oven.html> for directions on how to do this).

Give your PL or scouter a call once you have decided what method you want to use and ask them for some tips, particularly if you are using a Dutch oven there are plenty of tips to avoid your bread becoming a smouldering charred mess!

**This counts towards Item 2ii of the “Living Outdoors” Theme Badge for the Discoverer Badge.**

Post a picture of your bread and what you used to cook it. Two tried and tested recipes are set out below to help you:

CHEESE AND GARLIC LOAF (Courtesy of the National Senior Scout Adventure)

* 500ml buttermilk
* 500g self-raising flour
* 1 pkt brown onion soup
* Mixed herbs
* Crushed garlic (more can be added according to taste)
* 200g cheddar cheese (grated)

Directions:

Mix all the dry ingredients.

Add the buttermilk and mix well

Place the dough in a baking tin

Sprinkle grated cheese on top plus spices (optional)

Part of the grated cheese can be mixed in with the dough. It tends to add a bit more flavour when it bakes.

Pre-heat the Dutch Oven before placing the baking tin into it. Ensure that you have a few pebbles below the baking tin preventing it having direct contact with the Dutch Oven. This prevents the bottom of the bread from burning.

Place approximately 8 briquettes on the top and 10 – 12 briquettes at the bottom of the Dutch Oven. Monitor the coals. If they burn down quicker than expected (maybe due to wind) add a few while the baking continues.

Depending on the heat generated, baking time will vary between 45 and 60 minutes.

POT BREAD (Courtesy Karen Jones – 1st Bedfordview Guide Company)

* 1 small can of creamed corn
* 500g self-raising flour
* pinch salt
* enough milk to fill the can

Directions:

Mix all the ingredients into a dough.

Place into a baking pan or pot and bake at 180˚ for about an hour (use the same directions for the cheese and garlic loaf above if you are using a Dutch Oven).

**UNFINISHED BUSINESS:**

You are fairly confident that your trap is going to work, which means the Runnymead can finish in peace.

It seems though that although you have a plan to deal with the humans, that some of the Dringles need a bit of help too!

Do BOTH of the following:

1. Make a poster explaining the difference between a disease EPIDEMIC and a disease PANDEMIC (some Dringles still can’t work it out!) Display it at home so that all the Dringles can see it and post a picture of this on your patrol WhatsApp Group.

**This covers items 3 and 6 of your Covid-19 Awareness Badge. If you have diligently completed all the programmes, when you complete these items you should have completed the badge. Well done! Full requirements for the badge can be found at:**

<https://www.scouts.org.za/2020/05/26/covid-19-awareness-badge/>

1. Either make a video explaining the importance of the Scout Motto “Being Prepared” with regards Covid-19 and other disasters or emergencies and post it on your patrol WhatsApp Group OR call us your scouter and discuss this with him or her. They will post on your group once you have completed this, confirming that you have completed this item.

**BLOGS:**

Let the Run back home know how you are doing and post an update in either your personal log or on your patrol Blog on what you did this week.

**ANNOUNCEMENTS:**



* SCOUTS South Africa has challenged each troop to take part in a hike to Mafikeng. BP was in charge of Mafikeng (now Mahikeng) during the Second Anglo-Boer / Anglo-South African War. In order to get to his post he would have travelled from Cape Town, some 1 290km away. The challenge is for the troop to complete this distance, for which we will receive a certificate. Go out each day and make a note of how far you “hike”. Together we need to try and reach 1 290km before 1 August 2020. If you personally complete 20km, you will get a badge. Details of the challenge can be found at <https://www.scouts.org.za/hike-mahikeng-challenge/>

The troop would like to issue out two special challenges:

1. Can your patrol cover the 1 290km before 1 August 2020? 100 points to each patrol that achieves this feat.
2. Can you personally complete the 1 290km before 1 August 2020? 100 points to each patrol member that completes this feat and a special prize at the end of lockdown.

Remember to post updates on your patrol WhatsApp group as to how far you have travelled so that this can be added to your time for the challenge!

* Applications for the National Senior Scout Adventure are now open. If you are going to be 15 or older please message your PL that you want to take part and register at <https://cederbergadventure.co.za/>. **DO NOT PAY A DEPOSIT YET!!!**
* A reminder that SCOUTS South Africa has made branded facemasks available at a cost of R40,00 per mask, excluding delivery. Visit the online scout shop at <https://shop.scouts.org.za/> to place your order.
* The Northrand Scout District is running a competition for all NORTHRAND Scouts. The Northrand Scout that earns the most interest and/or scoutcraft badges during the lockdown will win a prize worth roughly R150,00. Can you be the best in the district and scoop the prize?

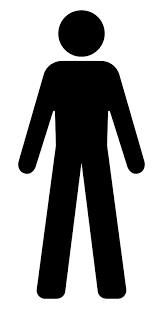
SCOUTS South Africa has developed a Covid-19 awareness badge. Are you up to the challenge? Visit <https://www.scouts.org.za/2020/05/26/covid-19-awareness-badge/> for information on the requirements.

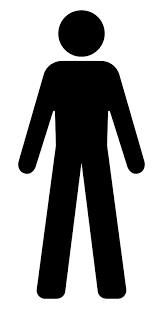
* This Distance Scouting Programme is an experiment. We would appreciate constructive feedback on the programme. Please send this to [andrew.campbell@scouts.org.za](mailto:andrew.campbell@scouts.org.za).

**TROOP DISMISSED!**

**THANK YOU**

FOR KEEPING 2M BETWEEN YOU AND THE NEAREST PERSON (THE LENGTH OF A MATTRESS).





Together we can beat Covid-19

**THANK YOU**

FOR REGULARLY WASHING YOUR HANDS FOR 20 SECONDS (THE TIME TO SING “HAPPY BIRTHDAY” TWICE).

Together we can beat Covid-19

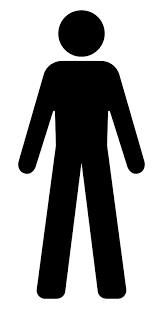
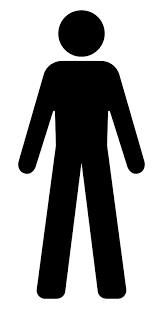
**THANK YOU**

FOR ALWAYS WEARING YOUR FACEMASK OVER YOUR MOUTH AND NOSE WHEN IN PUBLIC (INCLUDING DURING EXERCISE).

Together we can beat Covid-19

**THANK YOU**

FOR KEEPING YOUR WINDOWS OPEN WHEN WITH COMPANY, KEEPING THE ROOM WELL VENTILATED.



Together we can beat Covid-19